



# Stepping Up for Autism

## A FREE course for parents and carers

An 8 week course for 2 hrs a week, open to families with or without a diagnosis who live in Surrey. Our course provides practical advice, information and strategies to help you understand your child and support their needs.

**To register for a place please email:**

 **[Surrey.FamilySupport@nas.org.uk](mailto:Surrey.FamilySupport@nas.org.uk)**

# Stepping Up For Autism Course Details

## For Parents of Children aged 0-18 yrs.

Sessions include:

Understanding Autism

Sensory Differences

Communication and Visual Supports

Understanding and Supporting Behaviour Part 1

Understanding and Supporting Behaviour Part 2

Related Conditions and Education

Supporting Social Skills

Puberty and Supporting Independence (optional)

## PLACES MUST BE BOOKED

Please email us to book a space



**Surrey.FamilySupport@nas.org.uk**



**01483 521744**



**National  
Autistic  
Society**