WHAT HAPPENS IF BULLYING IS CONFIRMED?

The most important thing is making sure everyone is safe.
Adults may:

- speak to parents or carers;
- arrange restorative conversations;
- provide extra support;
- increase supervision;
- put behaviour consequences in place;
- help children repair relationships.

We want children to learn from mistakes and make better choices in the future.

WHAT IF I THINK THE ADULTS HAVE GOT IT WRONG?

Sometimes children or parents may feel that a situation has not been handled properly.
If this happens:





- speak to the teacher involved;
- speak to the Deputy Headteacher (Mrs Copsey);
- speak to the Headteacher (Mrs MacLean).

Adults will listen carefully and review the situation to make sure it has been dealt with fairly.

OUR PROMISE TO YOU

At St Lawrence we will:

✅ Listen.
✅ Take concerns seriously.
✅ Investigate fairly.
✅ Support children who are being bullied.
✅ Help children make better choices.
✅ Work with families.
✅ Do everything we can to keep our school safe.

REMEMBER:



STOP
If something is wrong...

TALK
To a trusted adult...

DON'T KEEP IT TO YOURSELF
You are never alone.

THERE IS ALWAYS SOMEONE AT ST LAWRENCE WHO WILL LISTEN AND HELP.

Together we can make St Lawrence a place where everyone feels safe, respected and able to flourish.

St Lawrence C of E Junior School: Child-Friendly Anti-Bullying Policy

At St Lawrence, we want every child to feel happy, safe, respected and included.

We believe that everyone should be treated with kindness and respect. Nobody should feel scared, left out or hurt by the way someone else behaves towards them.

Our school values help us make good choices:

Aspiration, Perseverance, Courage, Faith, Self-Esteem, Community, Compassion, Generosity and Forgiveness

These values help us build a school where everyone can learn, grow and let their light shine.



WHAT IS BULLYING?

Bullying is when someone hurts another person on purpose and keeps doing it.

Sometimes it involves:

- A group of people bullying a smaller group / one person
- An older child bullying a younger child
- Someone who feels they have more 'power' bullying someone who doesn't

Bullying is usually:

- Deliberate
- Repeated
- Hurtful
- Difficult for the other person to stop

Sometimes children fall out, argue or disagree. This can be upsetting, but it is not always bullying.

If you are unsure whether something is bullying, you should always tell a trusted adult.



Prejudice-Based Bullying

This happens when someone is bullied because of who they are, what they believe, what they look like or because of a disability or additional need.

WHAT CAN BULLYING LOOK LIKE?

Bullying can happen in different ways.

Physical Bullying
This might include:

- hitting or punching
- kicking
- pushing
- damaging someone's belongings

Verbal Bullying
This might include:

- name-calling
- teasing
- insulting someone
- making threats



Social or Emotional Bullying
This might include:

- leaving someone out on purpose
- spreading rumours
- embarrassing someone
- encouraging others not to be friends with someone

Online Bullying (Cyberbullying – happens on a device)
This might include:

- sending unkind messages
- posting hurtful comments online
- sharing pictures without permission
- upsetting someone through games or social media

WHAT IF I THINK I AM BEING BULLIED?

Tell Someone
You should tell:

- a trusted adult at school
- your parent or carer

Remember:

- Telling is not tattling.
- Telling helps adults keep children safe.
- It takes courage to ask for help.

WHAT IF I THINK SOMEONE ELSE IS BEING BULLIED?

If you see bullying happening:

✅ DO

- Tell an adult immediately.
- Be kind to the person being bullied.
- Include them in games and activities if you can.
- Stand up for what is right in a safe way.

❌ DO NOT

- Join in.
- Share unkind messages.
- Watch and do nothing (this is called being a bystander).

