

## **St Lawrence C of E (Aided) Junior School**

### **PSHE and Relationships**

Incorporating  
Personal, Social & Health Education (PSHE)  
Sex & Relationships Education (SRE)  
Citizenship

### **Aims and Objectives**

At St Lawrence we have combined four strands of the curriculum, PSHCE, SRE, Drugs & Alcohol Education and Citizenship. The purpose of this amalgamation is to communicate more effectively the content and value of these subjects to our pupils and their parents. We aim to provide pupils with the knowledge, understanding, attitudes, values and skills they need in order to flourish as individuals and as members of society in the 21<sup>st</sup> century.

- Through the PSHE programme at St Lawrence pupils learn about themselves as growing and changing individuals with their own experiences and ideas. They become more mature, independent and self-confident. They learn about the wider world and the interdependence of communities within it. They develop their sense of social justice and moral responsibility and begin to understand that their own behaviour choices can affect local, national or global issues. They begin to learn about the role of political and social institutions.
- Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum and derive benefit from contributing fully to the life of the school and our community. In doing so they learn to recognise their own strengths and weaknesses, to work successfully with others and become increasingly responsible for their own learning and decision making.
- They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are a part of growing up and living in today's society. They develop as citizens exploring British Values which cover Rule of Law, democracy, individual liberty, mutual respect and tolerance of those of different religions. They learn to understand and respect our common humanity and diversity and to develop strong relationships and to build a cohesive community.

### **Pupil Learning Outcomes**

The learning intentions of the PSHE curriculum will enable pupils to:

- Develop self-confidence and self-esteem
- Value themselves and others
- Form strong relationships and work successfully with others
- Reflect and comment on issues which affect their lives and the lives of others
- Become an active citizen in the local community
- Make responsible choices for a safe and healthy lifestyle
- Explore what it means to live in a democratic society

At St Lawrence we will achieve these aims through:

- Discrete weekly or block timetabled lessons in PSHE
- Cross curricular links especially with RE, Science and PE
- Special events, services, performances and out-of-classroom experiences e.g. residential trips
- Daily collective worship themes that support the Christian ethos and values of the school
- School council, learning partner mentoring system between Year 3 and Year 6 and a system of playground mentors and wet play mentors

## **Curriculum**

Lessons are planned and delivered so as to meet the requirements set by the National Curriculum for PSHE and Citizenship. At St Lawrence, we follow the Jigsaw PSHE program. Jigsaw fully incorporates the statutory requirements for the teaching of RSE and Health Education in an age appropriate and progressive way, building on the previous year's learning.

Children's learning will build knowledge and understanding, transferable skills, positive attitudes and values and will address the following key National Curriculum areas:

- Developing confidence and responsibility and making the most of their abilities
- Developing a healthy and safe lifestyle
- Developing good relationships and respecting the differences between people
- Offering breadth and opportunity to take responsibility, to participate and make choices
- Develop the ability to make decisions regarding social and moral dilemmas and prepare for change

**In Year 3** children learn about taking part, personal management, healthy eating, being active, the school community and the local community.

**In Year 4** children learn about people who help us, peer relationships, children's rights and human rights, keeping healthy, the wider world and news coverage in the media.

**In Year 5** children learn about support networks, responsibility for health and safety, risk-taking and dealing with peer pressure, respect for property, global citizenship, how to be an effective learner, coping with changes.

**In Year 6** children learn about financial competence, the school community and transition, Sex and Relationships Education and equality.

## **Teaching and Learning Methods**

St Lawrence recognises the importance of teaching PSHE using strategies that take account of pupils' age, maturity, understanding and needs. Pupils need to work in an environment with a trusted adult with whom they have had the opportunity to build a relationship and learn ground rules and boundaries. Effective PSHE lessons involve:

- A trusting relationship between adults and learners to allow sensitive issues to be raised and discussed e.g. class teacher, circle time, worry boxes
- Collaborative work where all contributions are valued e.g. group discussions, group project
- Opportunities for reflection and opinion forming, respect for differences e.g. conscience alleys, debates, collective worship
- Challenge within a safe environment and learning how to deal with failure/making a mistake
- Negotiation e.g. making rules, inventing games, team challenges
- Practising skills through role play, dialogue and debate

## **Inclusion**

All pupils at St Lawrence participate in and learn from the PSHE curriculum and activities and discussions are planned, organised and differentiated appropriately to allow all children to learn in a variety of styles and at a level that provides them with sufficient challenge and support when needed. All children are given equal opportunity to express their views, share cultural experiences and participate in all activities regardless of ability/disability, gender, ethnicity or faith.

Certain topics in Sex and Relationship Education are deemed to be taught more sensitively in single-gender groups and boys and girls may be separated for certain lessons and discussions. Both boys and girls, however, cover the same material.

## **Sex and Relationship Education (SRE)**

At St Lawrence we have a duty to prepare children for the changes they see and feel in themselves as they grow up. SRE is taught within both the Science and PSHE curriculum. The Science curriculum helps children to understand the physical changes that take place as they grow into adults. Children are taught to use the correct vocabulary for parts of the body in the reproductive system, both internal and external, to enable them to articulate their knowledge, their questions and to equip them to communicate with confidence on issues of a personal nature.

SRE aims to give accurate, clear information and to answer concerns and questions honestly and appropriately so as to dispel misconceptions and provide a solid foundation on which pupils may base their growing understanding and decision making. We base our SRE on Christian values, teaching the children self-worth, self-control, responsible decision making and the importance of valuing others and respecting the needs and feelings of others. Pupils are encouraged to value family life and begin to explore the role of marriage and faithfulness in relationships.

Children are encouraged to value and respect their own bodies and to feel valued as individuals. Children are taught about their responsibility towards others and the importance of

building strong relationships based on friendship, trust and mutual respect.

## **Assessment**

Pupils' progress in PSHE will be assessed through questioning, observation and occasional marked work. Further evidence will be obtained by observation of the child across the curriculum and a comment will be made in the annual report to parents within the Pupil Profile. There are currently no national level descriptors for attainment in PSHE or Citizenship in Key stage 2.

## **Monitoring and Evaluation**

The PSHE curriculum at St Lawrence is monitored and evaluated by the Subject co-ordinator in conjunction with the Head teacher. She works closely with the PE subject co-ordinator in the area of Healthy Eating and Living, as well as the RE co-ordinator. St Lawrence currently holds Healthy School Status.

## **Parental and Community Involvement**

At St Lawrence we believe it is important to have the support of parents and the community for our PSHE curriculum. Parents are invited to support the school by offering their skills to an extra-curricular club or to help in school within the classroom, library or on the PTA. Parents are asked to sign the Home School Contract which binds the school, pupil and family in an agreement which enables the school to work effectively and in partnership with children and their families.

In Years 5 and 6, parents are made aware of the timing of the Drugs and Alcohol and SRE topics in the termly curriculum newsletter. Parents are invited to attend a prior viewing of the recorded material that is used to support the teaching of SRE.

## **Right to Withdraw**

Parents have the right to withdraw their child from the SRE topic of our PSHE Curriculum. If a parent wishes to withdraw their child from SRE they should meet the Head teacher to discuss the area of the programme they are concerned about.

## **Other Guidelines**

In line with current legislation the school operates a strict no-smoking policy on the premises and parents are asked to respect this whenever they are within the school boundary wall.

The Head teacher must be consulted and permission obtained before any function may be held at the school at which alcohol is consumed. A licence must be obtained for any PTA function which takes place on school premises.

Many ordinary substances can lend themselves to misuse and need to be carefully stored. Cleaning agents, bleaches etc are kept in locked stores at school. School glue is solvent free.

Pupils are not allowed to use erasing agents such as Tippex or any other ink erasers, nor are they permitted to bring aerosol sprays to school, on school residential trips or on outings to sporting events or swimming.

This policy should be read in conjunction with the Teaching & Learning Policy, Equal Opportunities Policy and Child Protection Policy.

Reviewed: April 2023

Next review date: April 2024