



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 13 April 4 May 1 June 22 June 13 July 31 August 21 September 12 October	Beef Bolognaise Pasta 1 Jackets with Beans or Tuna Mayonnaise 8,9 Baked Wedges Seasonal Vegetables Mr Nourish Biscuit 1 VG Fruit Pots VG	Chick Pea & Spinach Biryani VG Tomato & Sweetcorn Pasta 1 VG Carrots Mixed Peppers Mr Nourish Biscuit 1 VG Fruit Pots VG	Roast Gammon & Gravy Meatfree Meatballs & Gravy 6 VG Jackets with Beans or Tuna Mayonnaise 8,9 Rustic Roast Potatoes Cabbage Swede Fruit Jelly VG Mr Nourish Biscuit 1 VG Fruit Pots VG	Chicken Korma Sweet Potato & Lentil Curry VG Herby Tomato Pasta 1 VG Rice Green Beans Carrots Chocolate Orange Cake 1 VG Mr Nourish Biscuit 1 VG Fruit Pots VG	Fish Fingers 1,8 Jackets with Beans or Tuna Mayonnaise 8,9 Chips Sweetcorn & Peas Coleslaw 9 Lemon Drizzle Biscuit 1,6 VG Fruit Pots VG
WEEK TWO 20 April 11 May 8 June 29 June 20 July 7 September 28 September 19 October	Vegetable Burger in a Bun 1,5,6 VG Jackets with Beans or Tuna Mayonnaise 8,9 Baked Wedges Carrots Peas Honey Cake 1 Mr Nourish Biscuit 1 VG Fruit Pots VG	Minced Beef Curry Sweet & Sour Vegetables VG Pesto & Pea Pasta 1 VG Rice Seasonal Vegetables Jelly VG Mr Nourish Biscuit 1 VG Fruit Pots VG	Roast Chicken & Gravy Samosa Puff 1 VG Jackets with Beans or Tuna Mayonnaise 8,9 Rustic Roast Potatoes Broccoli Carrots Mr Nourish Biscuit 1 VG Fruit Pots VG	Chicken Fajita 1 Vegetable & Bean Fajita 1 VG Tomato Spaghetti 1 VG Rice Tomato Salsa Green Beans Carrot & Orange Cake 1 VG Mr Nourish Biscuit 1 VG Fruit Pots VG	Salmon Fish Cake 1,8 Jackets with Beans or Tuna Mayonnaise 8,9 Chips, Peas, Grated Carrot Oaty Biscuit 1,15 VG Fruit Pots VG
WEEK THREE 27 April 18 May 15 June 6 July 14 September 5 October	Mild Chilli Beef Tomato & Herb Penne Pasta 1 VG Jackets with Beans or Tuna Mayonnaise 8,9 Rice Peas Mixed Peppers Jam Roly Poly 1,6 VG Mr Nourish Biscuit 1 VG Fruit Pots VG	Chicken Pie 1 Vegetable Stir Fried Noodles 1 VG Arrabiatta Pasta 1 VG Crushed Potatoes Seasonal Vegetables Mr Nourish Biscuit 1 VG Fruit Pots VG	BRUNCH Pork Sausage & Bacon 1,3,6 Or Vegetable Sausage 1 VG Jackets with Beans or Tuna Mayonnaise 8,9 Brunch Hash Potatoes Baked Beans Mushrooms & Tomatoes Fruit Jelly VG Mr Nourish Biscuit 1 VG Fruit Pots VG	Margherita Pizza 1,3,7 V Loaded Cajun Bean Wedges VG Cheesy Fusilli 1,7 V Rainbow Rice Sweetcorn Coleslaw 9 Sultana Cake 1 VG Mr Nourish Biscuit 1 VG Fruit Pots VG	Fish Fingers 1,8 Cheese & Bean Parcel 1,7 V Jackets with Beans or Tuna Mayonnaise 8,9 Chips, Peas, Baked Beans Cucumber Sticks Fruit Pots VG

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Selection of Salads **9**, Homemade Bread **1,3**. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

